

# Teacher Identity Deep Dive



An experience for teachers who aren't sure  
who they are outside of teaching.

# Week 1

## The many parts of ME

This week, we focus on your current identity. Who are you, in your own eyes? For example, some of your roles might be mother, teacher, or partner. But part of your identity is also what you do: writer, runner, reader. And still another part of your identity could be based on experiences: adoptive mother, country girl. We are going to start by having you identify 50 - yes fifty! - parts of your identity. Think about parts of your identity that matter to you. Some will be based around your roles, some around your activities, and still others around your experiences. Try to reach 50, because some of the most interesting parts of who we are come out only when we have pushed ourselves beyond the obvious.

Identity based on roles (Example: Parent)

Identity based on what I do (Example: Runner)

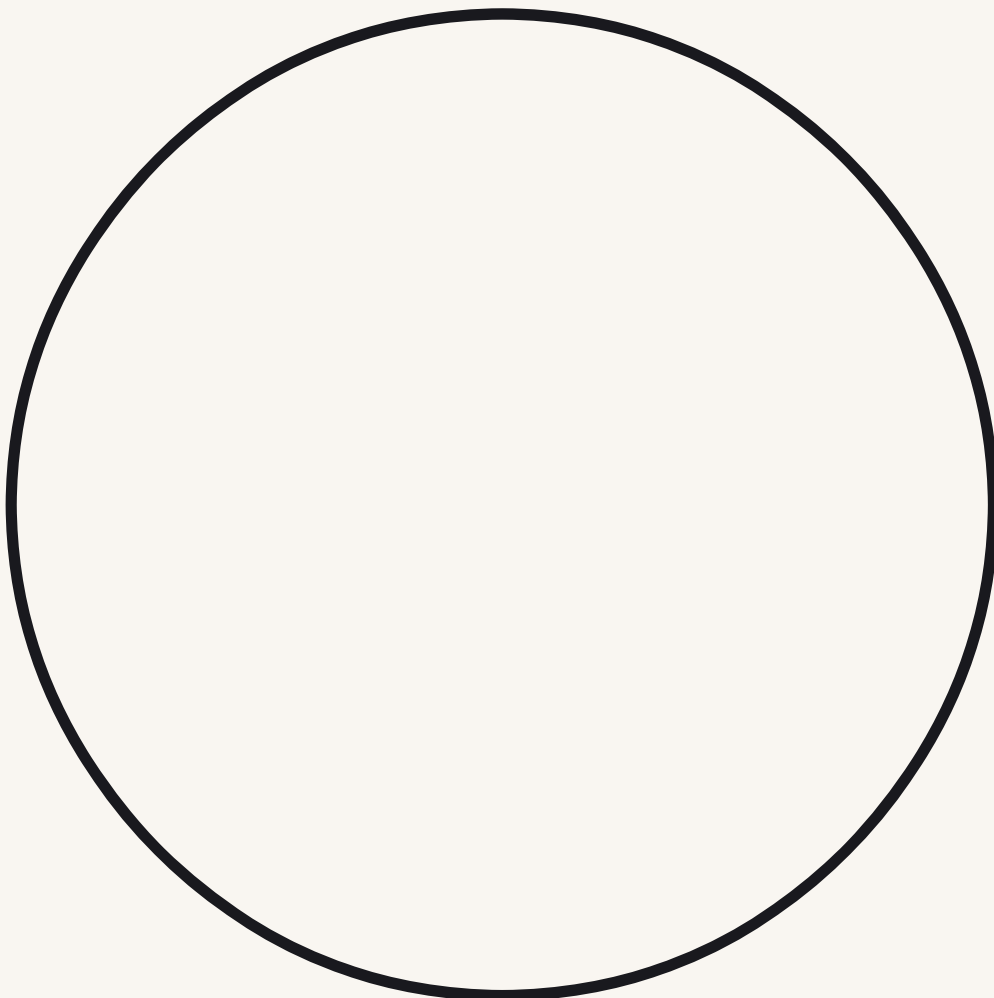
Identity based on experiences (Example: New Yorker)

# What am I the most?

Now you have an idea of the many parts of who you are, as well as patterns that might connect those. But we all know that the parts of our identity have different importance. For example, while you might be both a student and a runner, one of those might be more important to your sense of self than the other. However, others might be non-negotiable. In my case, even though I've tried to choose between being a teacher and being an entrepreneur, I just can't do it. Without either, I feel incomplete.

In the circle below, create a pie chart showing which parts of your identity are the most important. You don't need to include EVERYTHING you listed, just choose 5-10 that feel really important to you. Feel free to condense some of your roles, based on the patterns you have noticed, but don't lose that original list; you'll want to refer to it later.

Don't worry. This isn't binding. No one is going to try to make you give up anything. It's just a way to get you thinking about what is most important in the way you see yourself.



# Patterns

Now you have listed many parts of your identity and thought about which are most important to you, Your next step is finding patterns. For example, I am an English teacher, a blogger, and a linguist. In all of those communication is a pattern. Look through your list of identities and see if you notice patterns.

Pattern	Related roles/activities/experiences

Pattern	Related roles/activities/experiences

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